

A Format for Your D.A.R.E. Report

This is the time for you to think about all the things you have learned in D.A.R.E. Take a few minutes to look through your notebook to see all the information contained in the D.A.R.E. program. Think of the things your officer has taught you. You've learned a lot!

Now, you will be writing your commitment to stay drug-free and violence-free. Be sure to express:

- How you feel about the DARE program.

- What you have learned in DARE that can help you stay drug-free and avoid violence.

- Why you think it is important to be drug-free and avoid violence.

The following guidelines will help you prepare for your D.A.R.E. Report.

Introduction

What knowledge and skills have you learned in D.A.R.E. to help you make healthy choices?

Middle Paragraph (Body)

Give details about what you have learned and why it's important. What impact did it have on you?

Conclusion

Summarize the skills you have learned.

Your Pledge Statement

Your commitment to make wise decisions about alcohol, tobacco, and other drugs.

